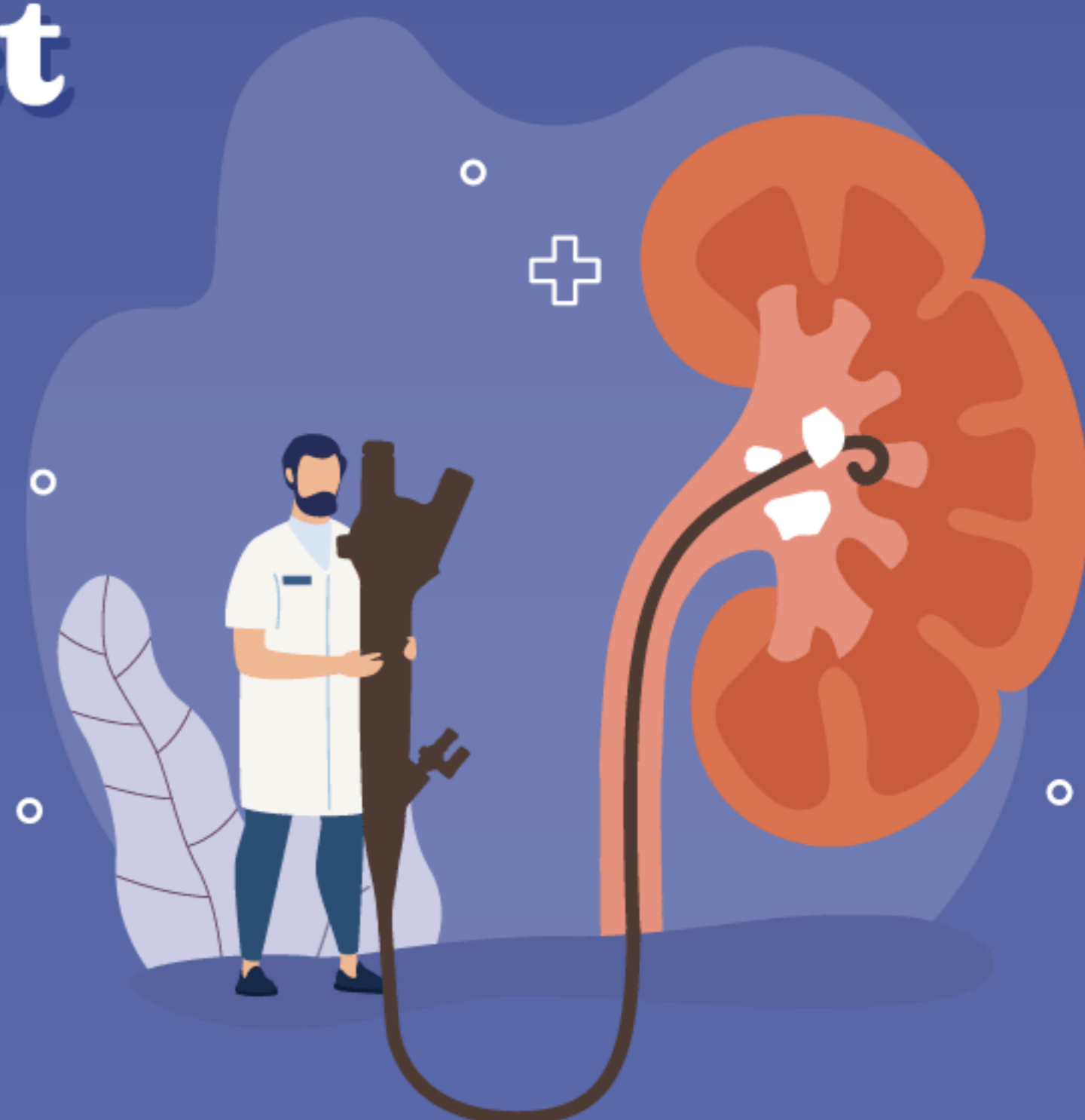


What to expect with URS

Ureteroscopy (URS) is an outpatient procedure where a scope and a fiber are inserted into your ureter, to break up stones with a laser.



BEFORE

- May have to **stop blood-thinning medication** a few days before
- No food, liquid or nicotine intake **6-8 hours** before procedure

DURING

- Performed under **general anesthesia**
- A **scope will be inserted** through your urethra and bladder, into your ureter
- Using a **laser fiber** through the scope, your urologist will fragment the stone
- Smaller stone pieces may be retrieved with a **stone basket**

AFTER

- Hospitalization typically **not required**
- **3-7 days** before you can resume **normal daily activities**
- Likely that a **ureteral stent will be placed**
 - To keep ureter open and aid in stone clearance
 - Expect some **lower urinary tract symptoms** and **mild pain**
 - NSAIDs (e.g. ibuprofen), Alpha blockers (e.g. tamsulosin) and antimuscarinic therapy (e.g. oxybutynin) may be prescribed to help with stent-related symptoms

Source:
Surgical Management of Stones: AUA/Endourology Society Guideline (2016). Kidney Stones: Surgical Management Guideline - American Urological Association. (2016). Retrieved from <https://www.auanet.org/guidelines/guidelines/kidney-stones-surgical-management-guideline>

Ureteroscopy (URS). European Association of Urology. (2020, March 24). Retrieved from <https://patients.uroweb.org/treatments/ureteroscopy/>