

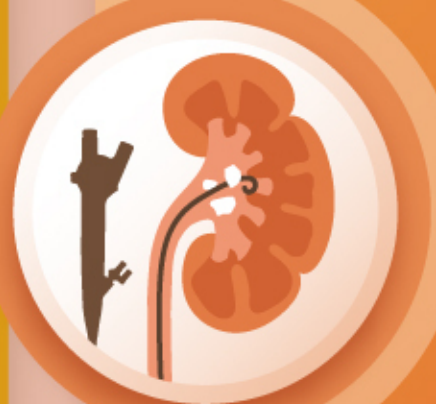
Kidney Stone Treatments

ESWL



Extracorporeal Shock
Wave Lithotripsy

URS



Ureteroscopy

PCNL



Percutaneous
Nephrolithotomy

?
**WHAT
IS IT**

Shockwaves are administered from outside the body to break up the stone.

A **scope and fibre** is inserted into the ureter to break up stones with a laser.

A **cut** is made on the lower back to access the kidney and remove the stone.

★
**BEST
FOR**

Non-infectious
stones
(**<15mm**)

Non-infectious
stones
(**<20mm**)

Infectious &
non-infectious stones
(**>20mm**)

STENT

Unlikely

Likely

Likely

+
**PROS
AND
CONS**

- Non-invasive
- May require repeat procedures

- Minimally invasive
- Stent discomfort

- Invasive
- Stent and possible nephrostomy tube discomfort

**HOSPITAL
STAY**

None

1 - 2 days

1 - 2 days

**BACK TO
WORK IN**

1 - 2 days

5 - 7 days

7 - 14 days

**RECOVERY
TIME**

8 days*

15 days*

15 days*

* Average number of days